



GUIDELINES FOR
WELCOME HOME HOUSE
(a recovery community)

"And not many days later, the younger son gathered everything together and went on a journey into a distant country, and there he squandered his estate with loose living...But when **he came to his senses**...he got up and came to his father...this son of mine was dead, and has come to life again; he was lost, and has been found." (Luke 15:13, 17, 20, 24)

Welcome Home House is a recovery community for men who have "**come to their senses**" and are searching for a new life. We offer a clean, safe environment in which to recover. We seek to operate our ministry on Biblical principles. However, we do not require anyone profess to be a Christian in order to participate in our program. The main requirements are to completely abstain from drug and/or alcohol use, work and pay your own way. There are six levels in our community, **I** - *Guest*, **II** - *Freshman*, **III** - *Sophomore*, **IV** - *Junior*, **V** - *Senior* and **VI** - *Graduate*. You cannot skip levels. You must be on each level for the minimum required number of weeks. **Food is included as a part of your rent.** We offer laundry facilities and free membership (current residents only) to the East Nashville YMCA. Rent is \$125 per week. Required drug screen deposit is \$25.

I. A **Guest** (*two weeks minimum on this level*) is anyone in the first two weeks of our program. While on this level, one should be in the house whenever he is not working, looking for work, attending meetings or has permission from house manager to be somewhere else. We allow two weeks to find a job. A person may work out of a labor pool during this time; however, one should seek "permanent" employment. To become a *Freshman*, one must:

1. Complete at least 4 hours of Audio/Visual enrichment
2. Attended a minimum of 5 meetings a week (*this includes 2 mandatory in-house meetings*)
3. Faithfully observe an 8 PM curfew
4. Completed at least one community service hour for each week in the program
5. Be employed
6. Be current on rent
7. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am

II. A **Freshman** (*six weeks minimum on this level*) is anyone who has successfully completed the *Guest* level requirements. To become a *Sophomore*, one must:

1. Have a sponsor
2. Complete at least 10 hours cumulative of Audio/Visual enrichment
3. Attended a minimum of 5 meetings a week (*this includes 2 mandatory in-house*

- meetings)*
4. Faithfully observe a 9 PM curfew on weeknights and a 10:00 PM on weekends
 5. Completed at least one community service hour for each week in the program
 6. Be employed
 7. Be current on rent
 8. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am
- III.** A **Sophomore** (*four weeks minimum on this level*) is anyone who has successfully completed the *Freshman* level requirements. To become a *Junior*, one must:
1. Have a sponsor
 2. Complete at least 14 hours cumulative of Audio/Visual enrichment
 3. Attended a minimum of 5 meetings a week (*NOTE in-house meetings optional*)
 4. Faithfully observe a 10 PM curfew on weeknights and an 11:00 PM on weekends
 5. Completed at least one community service hour for each week in the program
 6. Be employed
 7. Be current on rent
 8. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am
- IV.** A **Junior** (*four weeks minimum on this level*) is anyone who has successfully completed the *Sophomore* level requirements. **Juniors are allowed one overnight pass per month.** To become a *Senior*, one must:
1. Have a sponsor
 2. Complete at least 18 hours cumulative of Audio/Visual enrichment
 3. Attended a minimum of 4 meetings a week (*in-house meetings optional*)
 4. Faithfully observe a 10 PM curfew on weeknights and a 12:00 PM on weekends
 5. Completed at least one community service hour for each week in the program
 6. Be employed
 7. Be current on rent
 8. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am
- V.** A **Senior** (*four weeks minimum on this level*) is anyone who has successfully completed the *Junior* level requirements. **Seniors are allowed two overnight passes per month.** To become a *Graduate*, one must::
1. Have a sponsor
 2. Complete at least 22 hours cumulative of Audio/Visual enrichment
 3. Attended a minimum of 3 meetings a week (*in-house meetings optional*)
 4. Faithfully observe an 10 PM curfew on weeknights and a 1:00 PM on weekends
 5. Completed at least one community service hour for each week in the program
 6. Be employed
 7. Be current on rent
 8. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am
- VI.** A **Graduate** is anyone who has successfully completed the *Senior* level requirements. As a *Graduate*, one may:
1. Continue to live in the house, provided it is deemed a "*healthy situation*"
If you choose to stay...
 - a. Curfew – midnight on weekdays and 2 AM on weekends
 - b. Meetings – 2 per week
 - c. Service hours – 1 per week in the program
 - d. Overnight passes – 2 per month, more may be given at the discretion of the staff
 - e. Stay current on rent

2. Receive **35% of "on time rent"** returned to you in the form of deposits, or other startup costs associated with establishing independent living
3. Attend any house activities
4. Become eligible for our **RIGHT TURNS** program (*helps with finding permanent housing, reduced rents, furniture and other startup cost*)
5. Carry the message of recovery to others
6. Become an Alumnus of Welcome Home House
7. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am

RESPONSIBILITIES...all residents are required to:

- A. Abstain completely from drug and/or alcohol use or possession
- B. Be at mandatory house meetings
- C. Get at least one service hour per week
- D. Make the required number of meetings that correspond to their level
- E. Complete assigned chores
- F. **Pay a \$25.00 drug screening deposit** (*refunded upon successful completion of program if not used or test clean*)
- G. Observe appropriate curfew
- H. Get a sponsor
- I. Abstain from violent or abusive language and treatment of others
- J. Attend required meetings
- K. Pay rent-\$125 per week due each Friday to House Manager
- L. Follows aftercare requirements or probation/parole expectations if applicable
- M. Practice "good neighbor" policies
- N. Attend meeting, regardless of level, if a meeting is going on in the house and you are there
- O. No weapons
- P. If not working, attend Job readiness/goal setting meeting on Tuesdays at 10:00am
- Q. Sign in and out when leaving and returning
- R. Each Friday turn into the house manager - meeting sheets, audio visual sheet, service hours sheets, spending plan sheets, employment form (if work situation changes), and any other required paperwork

The Golden Rule: *"however you want people to treat you, so treat them."* (Matt. 7:12)

*** Failure to meet all requirements of a given level could result in dismissal from the house or suspension of privileges until requirements are met, including savings account.